

Is Your Child a Healthy Weight?

BMI for Children and Teens

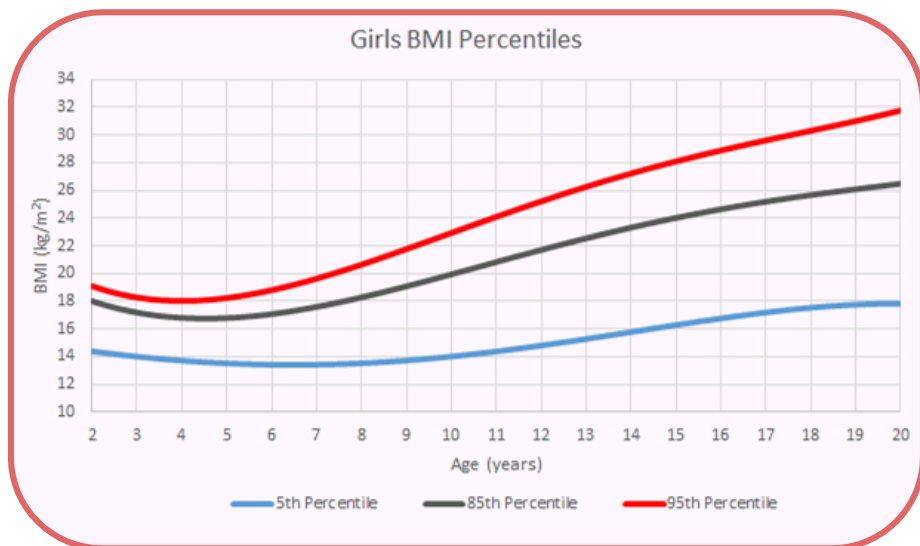
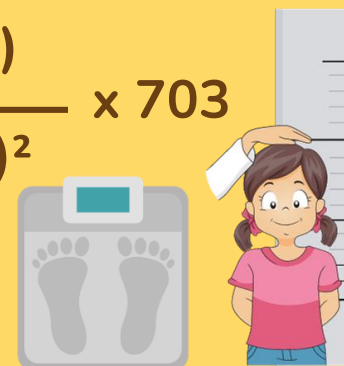
CALCULATION

BMI

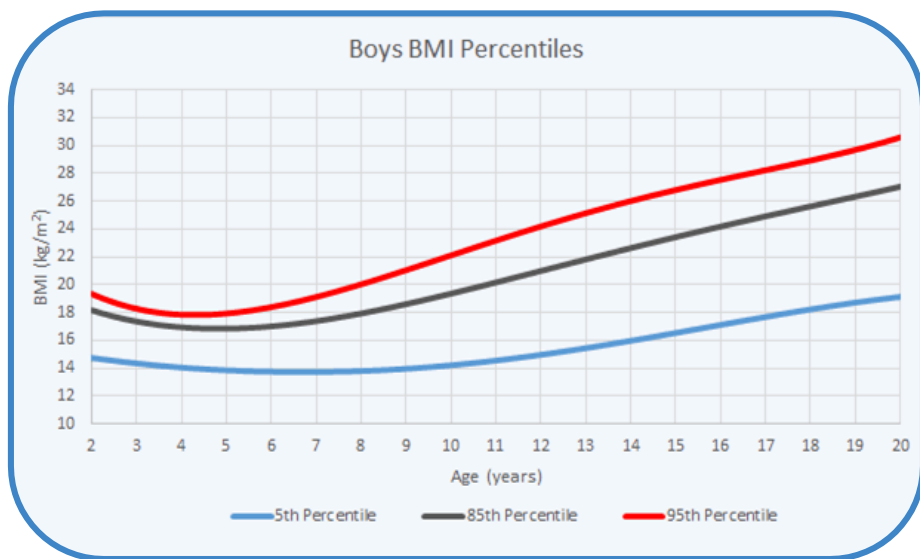
$$= \frac{\text{Weight (kg)}}{\text{Height (m)}^2} = \frac{\text{Weight (lb)}}{\text{Height (in)}^2} \times 703$$



The Body Mass Index (BMI) for children and adults are calculated the same way.



Weight Status	Percentile Range
Underweight	Less than 5th percentile
Healthy Weight	5th - 85th percentile
Overweight	85th - 95th percentile
Obese	95th percentile and greater



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