

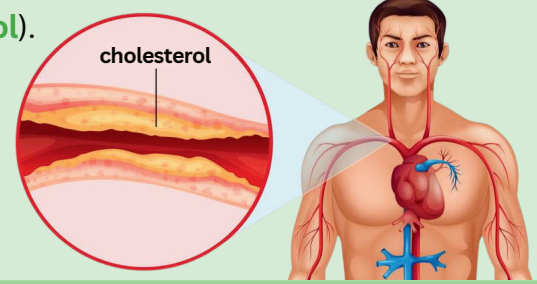
How Statin Medication Protects You

What Are Statins?

Statins are a class of drugs that work in the liver by preventing cholesterol from forming and lowering blood cholesterol. They are the most effective at lowering **LDL (bad cholesterol)** and **triglycerides (blood fats)** and raising **HDL (good cholesterol)**.

Statin therapy is commonly used for:

- Patients with **cardiovascular disease** who **have** clinical atherosclerotic cardiovascular disease (ASCVD)
- Patients with **diabetes** who do **NOT** have clinical ASCVD



Why Is It Important?

Statin medication can lower **LDL**, decreasing the risk of cardiovascular diseases

- About 50% of patients discontinue statin therapy within 1 year
- Cardiovascular disease is the **leading cause of death** in the U.S.
- **One person dies every 33 seconds** in the U.S. from cardiovascular disease
- **Over 800,000 people** in the U.S. die from cardiovascular disease each year
- **People with diabetes** are at an **elevated cardiovascular risk** due to unhealthy cholesterol levels

Types of Statin Drugs

- Atorvastatin (Lipitor)
- Fluvastatin (Lescol XL)
- Lovastatin (Mevacor, Altoprev)
- Pitavastatin (Livalo, Zypitamag)
- Pravastatin (Pravachol)
- Rosuvastatin (Crestor, Ezallor)
- Simvastatin (Flolipid, Zocor)

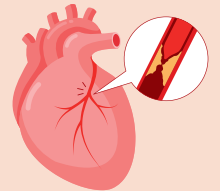


What Is ASCVD?

Atherosclerotic cardiovascular disease (ASCVD) is caused by plaque buildup in the arteries and includes:

Coronary artery disease (CAD)

- Myocardial infarction
- Angina
- Coronary artery stenosis



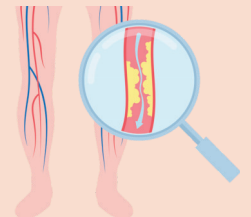
Cerebrovascular disease

- Ischemic attack
- Ischemic stroke
- Carotid artery stenosis



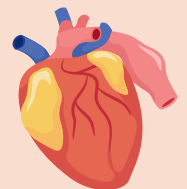
Peripheral artery disease (PAD)

- Ischemia/Gangrene
- Stroke
- Amputation



Aortic atherosclerotic disease

- Abdominal aortic aneurysm
- Descending aortic aneurysm
- Chronic kidney disease



Many patients experience statin intolerance. Talk to your health care provider about possible side effects and how you can best manage these symptoms during your treatment.



To learn more about our doctor's group, call Member Relations: (415) 590-7418

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