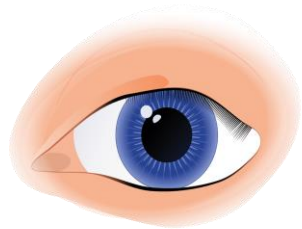


# Counter-attack Cataracts

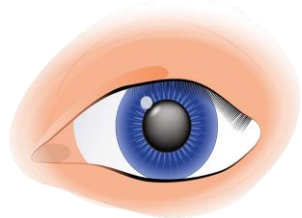
A cataract is a common eye disease among Asian Americans and affects those age 40 or older. A cataract is a condition in which the lens of the eye becomes progressively opaque, resulting in blurred vision. Cataracts usually develop with age or when injury changes the tissue that makes up the eye's lens. They can also be caused by past eye surgeries or medical conditions like diabetes.



Healthy eye



Clear lens



Eye with cataract



Lens clouded by cataract

## Common Symptoms

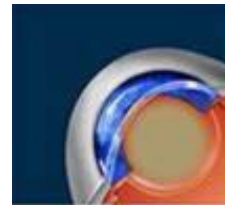
- Cloudy or blurry vision
- Faded colors
- Glare
- Poor night vision
- Double vision



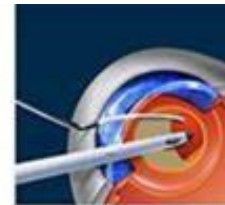
Before surgery

After surgery

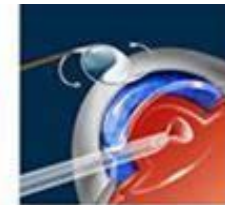
## Cataract Surgery



An eye with cataract



The cataract is broken up and removed from the eye



An intraocular lens is placed where the cataract was



Eye with an intraocular lens after the surgery is complete.

**Visit your eye doctor for treatment or to get help to prevent cataracts!**



To learn more about our doctor's group, call Member Relations: (415) 590-7418



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