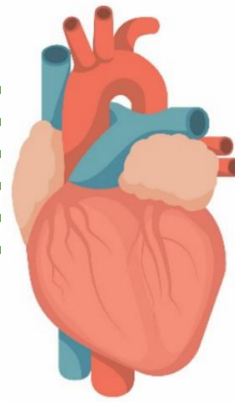


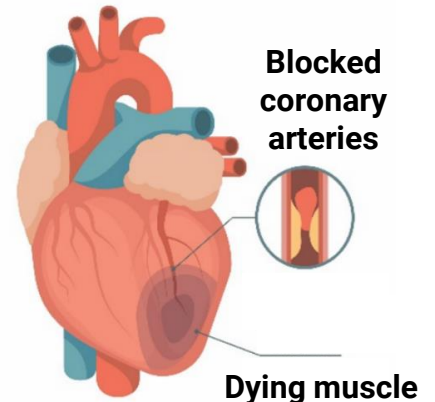
What to Know About Heart Failure

What is it?

Congestive heart failure is a condition when the heart is unable to pump enough blood to meet the body's need for oxygen and nutrients. (See picture on the right)



Healthy heart



Blocked coronary arteries

Dying muscle

Heart failure

Common Symptoms



Lightheaded of Dizziness

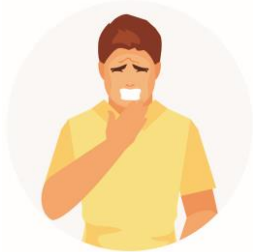


Swelling



Fatigue

Facts and Statistics



Shortness of Breath



Irregular or Rapid Heart Rate

ABOUT 915,000 NEW diagnosis each year

1 in 5 AMERICAN will develop CHF in their lifetime

Leading CAUSE of DEATH for ADULTS over the age of 65

Prevention



Medication



Weight Management



Good Nutrition and Diet



Exercise



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