

Children of the Stars — Autism

Why You Need to Know About Autism?

Autism is much more common than most people think. Recent data indicates that 1 out of every 68 children has autism. However, people's knowledge of autism is still vague and full of prejudices. Thus, it is important to know what autism is and how you can help those who have it.

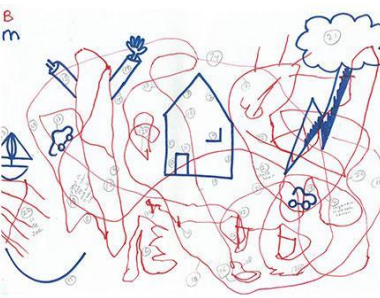


What Is Autism?

- Autism is a developmental disability. It begins during early development either prenatal or by the age of 3
- Autism is not a mental or emotional illness.
- There is no cure for autism yet, and it does not go away
- With good education, intervention, and support, children may improve as they get older



Drawing made by a typically developing 6-year-old kid



Drawing made by a 6-year-old kid who has autism

What are the common signs of autism?

If your child has some of these signs, please tell your doctor:

- ★ Seldom have eye contact
- ★ Does not smile much
- ★ Does not express themselves with body language
- ★ Does not respond to their name
- ★ Poor organising and problem-solving skills
- ★ Does the same thing over and over
- ★ Has an odd response to sounds or touch



How can autism be treated?



- **Educational and Behavioral Programs**
Teachers and therapists in these programs can help children learn new behaviors and gain social and language skills. Because children learn quickly when they are very young, this type of therapy should begin as early as possible.
- **Medication**
Medications do not cure autism, but certain kinds of medications can reduce difficult behaviors in some children.

Consult with your pediatrician for more information on management of autism or for referrals.



Visit our website, Facebook page, and YouTube channel to learn more about various health topics!

 aamgdoctors.net

 tinyurl.com/AAMGYoutube

 facebook.com/DoctorsAAMG

來自星星的孩子 —— 自閉症

瞭解自閉症的必要性

自閉症比大多數人想像的要普遍得多。最近數據表明，每68名兒童中就有1名患有自閉症。但是，人們對自閉症的認識仍然很模糊，而且充滿了偏見。因此，瞭解什麼是自閉症以及如何幫助患有自閉症的人是很有必要的。

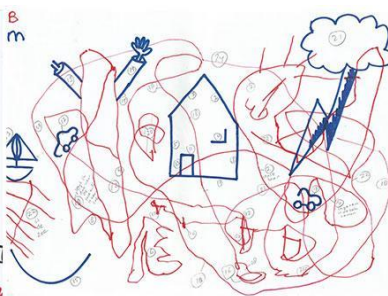


何謂自閉症？

- 自閉症是一種發育障礙。小孩有可能從嬰兒時期到3歲之間發病。
- 自閉症不是精神疾病或情感障礙。
- 自閉症目前還沒有治癒的方法，也不會自然消失。
- 在良好的教育、幹預和支持下，病情可能會隨著年齡的增長有所改善。



6歲正常兒童的畫作



6歲自閉症兒童的畫作

自閉症的常見特徵有哪些？

如果您的小孩有以下部分特徵，請告訴您的醫生：

- ★ 很少與人的眼神接觸
- ★ 很少微笑
- ★ 甚少用肢體語言表達自己
- ★ 呼喚他名字時沒有反應
- ★ 組織及解決困難能力欠佳
- ★ 重複做同一件事
- ★ 對聲音或觸覺有奇怪的反應



如何改善自閉症？

● 教育及行為課程

專業導師和治療師會在這些課中教導孩子新的技能，增強兒童社交及語言能力。由於兒童年幼時學習能力較強，所以這類療法應該及早開始。

● 藥物


自閉症目前無藥可醫，但是某些藥物可以緩解一些自閉症兒童的執拗行為



如果你想更了解如何管理自閉症或需要轉介，請諮詢你的醫生。



到訪我們的網站、Facebook專頁及YouTube頻道，了解更多有關各種健康主題的資訊！

 aamgdoctors.net

 tinyurl.com/AAMGYoutube

 facebook.com/DoctorsAAMG