



Adult Immunization Schedule

Vaccine	19 -21 years	22-26 years	27-49 years	50-64 years	≥65 years
Influenza inactivated (IIV) or Influenza recombinant (RIV) OR	1 dose annually				
Influenza live attenuated (LAIV)	1 dose annually				
Tetanus, diphtheria, pertussis (Tdap or Td)	1 dose Tdap, then Td booster every 10 years				
Measles, mumps, rubella (MMR)	1 or 2 doses depending on indication (if born in 1957 or later)				
Varicella (VAR) OR	2 doses (if born in 1980 or later)				
Zoster recombinant (RZV)				2 doses	
Zoster Live					1 dose
Human papillomavirus (HPV) Female	2 or 3 doses depending on age at initial vaccination				
Human papillomavirus (HPV) Male	2 or 3 doses depending on age	at initial vaccination			
Pneumococcal conjugate (PCV13)	1 dose				1 dose
Pneumococcal polysaccharide (PPSV23)	1 or 2 doses depending on indication				1 dose
Hepatitis A (HepA)	2 or 3 doses depending on vaccine				
Hepatitis B (HepB)	2 or 3 doses depending on vaccine				
Meningococcal A,C,W,Y (MenACWY)	1 or 2 doses depending on indication, then booster every 5 years if risk remains				
Meningococcal B (MenB)	2 or 3 doses depending on vaccine and indication				
<i>Haemophilus influenzae</i> type b (Hib)	1 or 3 doses depending on indication				

 Recommended vaccination for adults who meet age requirement, lack documentation of vaccination, or lack evidence of past infection

 Recommended vaccination for adults with an additional risk factor or another indication



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Adult Screening Schedule

Screening/Procedures	Female	Male
Contraception (birth control) methods and discussion	All women planning or capable of pregnancy	
Diabetes screening	<p>High-risk: ages 40+; Once every 3 years</p> <ul style="list-style-type: none"> • High-risk: At the first prenatal visit • All women between 24-28 weeks pregnant • Postpartum women with no diabetes but history of gestational diabetes 	
Domestic & intimate partner violence screening & counseling	Once a year	
STI & STD screening & discussion	All sexually active females and males; Once a year	
Routine checkup	<ul style="list-style-type: none"> • Ages 19-49: Every 1-2 years • Ages 50+: Once a year 	
Depression screening	Once a year	
Pelvic; Breast Exam(Mammogram)	Once a year; Ages 40+: Once a year including 3-D	
Abdominal Aortic Aneurysm screening		Have smoked between ages 65-75; One-time screening
Cholesterol (lipid) screening	<ul style="list-style-type: none"> • Ages 20+: Once every 5 years • High-risk: More often 	
Colon cancer screening (Colonoscopy)	<ul style="list-style-type: none"> • Ages 50+: Every 1-10 years, depending on screening test • High-risk: Earlier or more frequently 	
Lung cancer screening	Ages 55-80 with 30-pack per year history: Once a year for current smokers, or once a year if currently smoking or quitting within the past 15 years	
Osteoporosis screening	Age 65+: once every 2 years. Younger if at risk as recommended by physician	
Pap Test/Pap Smear	<ul style="list-style-type: none"> • Ages 21-65: Every 3 years, or annually, per doctor's advice • Ages 30-65: Every 5 years if HPV or combined Pap and HPV are negative • Ages 65+: Per doctor's advice 	



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